A group of people on swings under a shaded area.


**Build your own Social Story**

**Social Story Guidelines**Social stories are a communication tool to assist individuals and families when visiting new and busy environments. Use your social story prior to and during your visit to help gain familiarity with a new location or activity.

**To create a social story:**

* Identify a specific activity
* Create a title, a series of steps and a conclusion
* Tailor the story to an individual’s abilities, interests and learning style
* Compile visuals to match those steps, trying to use actual photos that include the individual
* Add a caption to each visual, using first-person and/or third-person language
* Ensure sentences are clear and literal, using descriptive language that guides behavior
* Introduce the social story before the activity
* Practice and refine the social story

Insert your image here

Insert a caption here

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