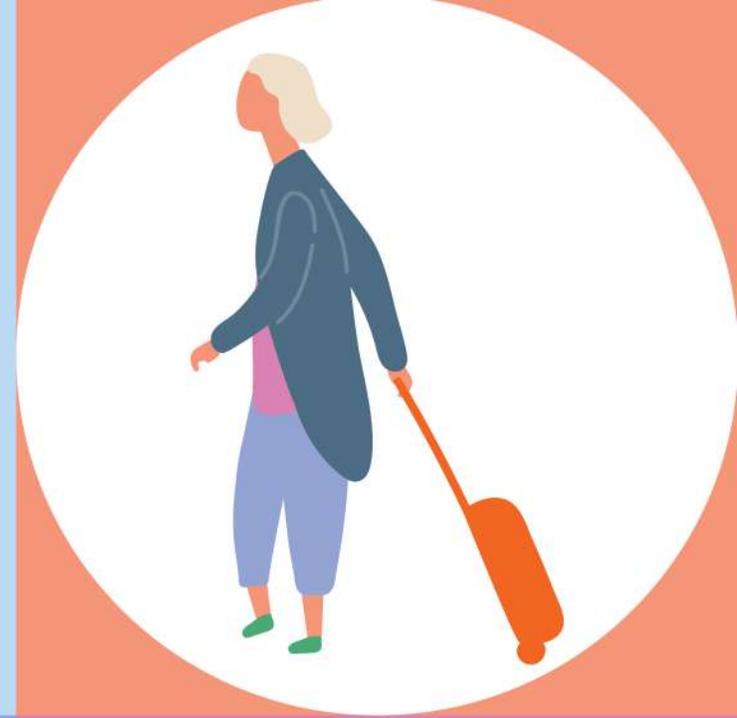




Senior residents

Communities of Penrith City LGA



Senior residents refer to residents who are 65 years or older.

Understanding our older residents allows for effective identification of age-specific service and infrastructure provision.



**Who are our
older community
members?**

Population

Penrith City LGA is home to a diverse and active older population.

Since 2016, this age cohort grew by **5,378** people, increasing in proportion from **11.7%** of the total population.

2016  **11.7%** **22,917**

2021  **13%** **28,295**

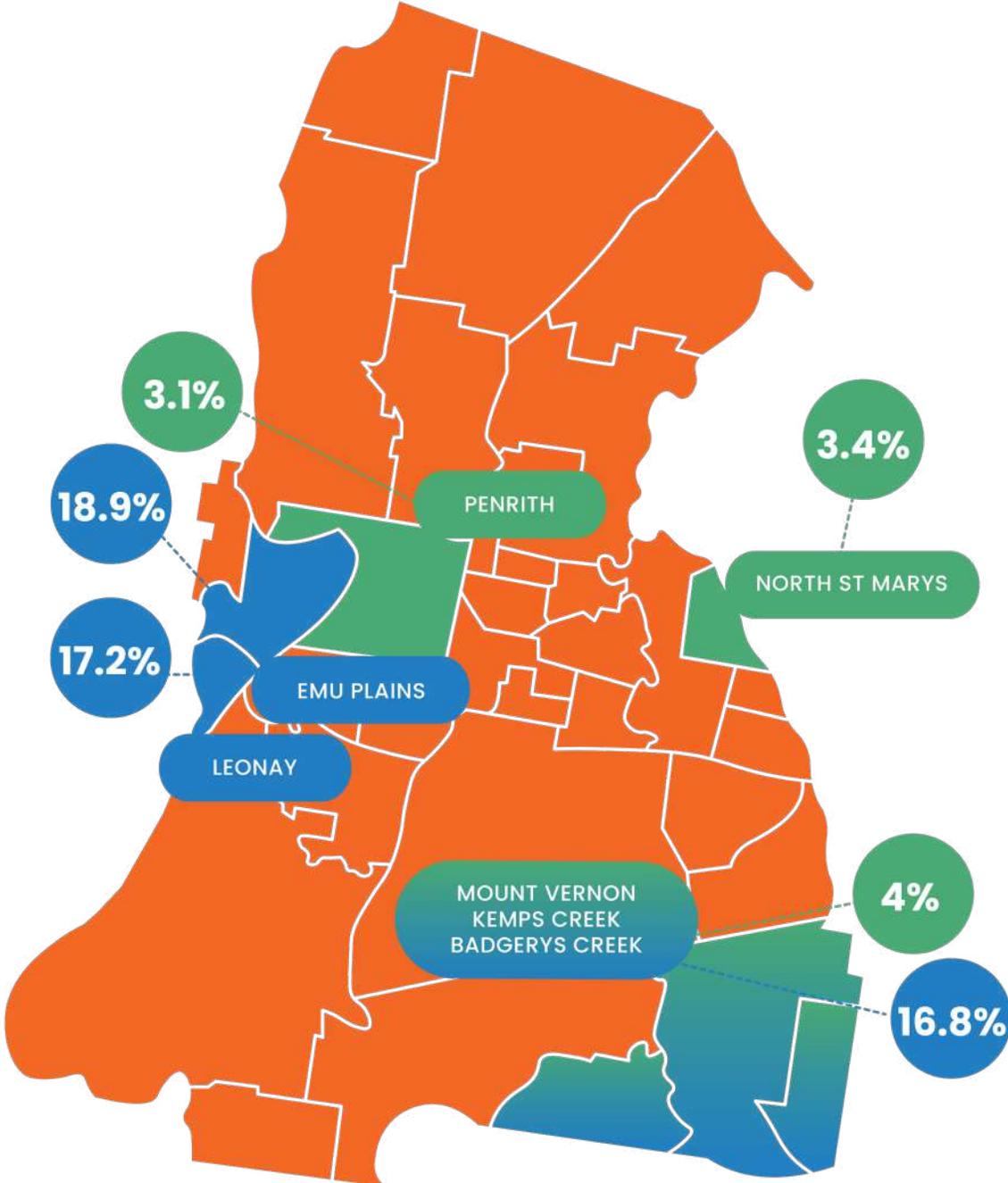
representing 13% of Penrith City LGA's population



Every suburb of Penrith City LGA is home to older residents.

● Suburbs with the largest proportion of 65-74 year olds

● Suburbs with the largest proportion of 85+ year olds



Birthplace

55%

of Penrith City LGA's older residents were born in Australia, with 45% born overseas¹

Just under half of all older residents in Penrith City LGA who were born overseas arrived in Australia before 1970.

Compared to Greater Sydney, Penrith City LGA had a higher proportion of older residents who arrived before 1970, which is evident in the European birthplaces of this cohort.

¹Please note this data excludes the 'Not stated' category due to a high non-response rate in this age cohort

65-84 year olds



England
9%



Malta
3%



Philippines
3%

65-84 year olds



England
9%



Italy
4%



Malta
3%

Language

78%

of Penrith City LGA's older residents speak English – by far the most commonly spoken language by this cohort in Penrith City LGA.

Other languages spoken include:

1.7% Arabic

2.2% Maltese

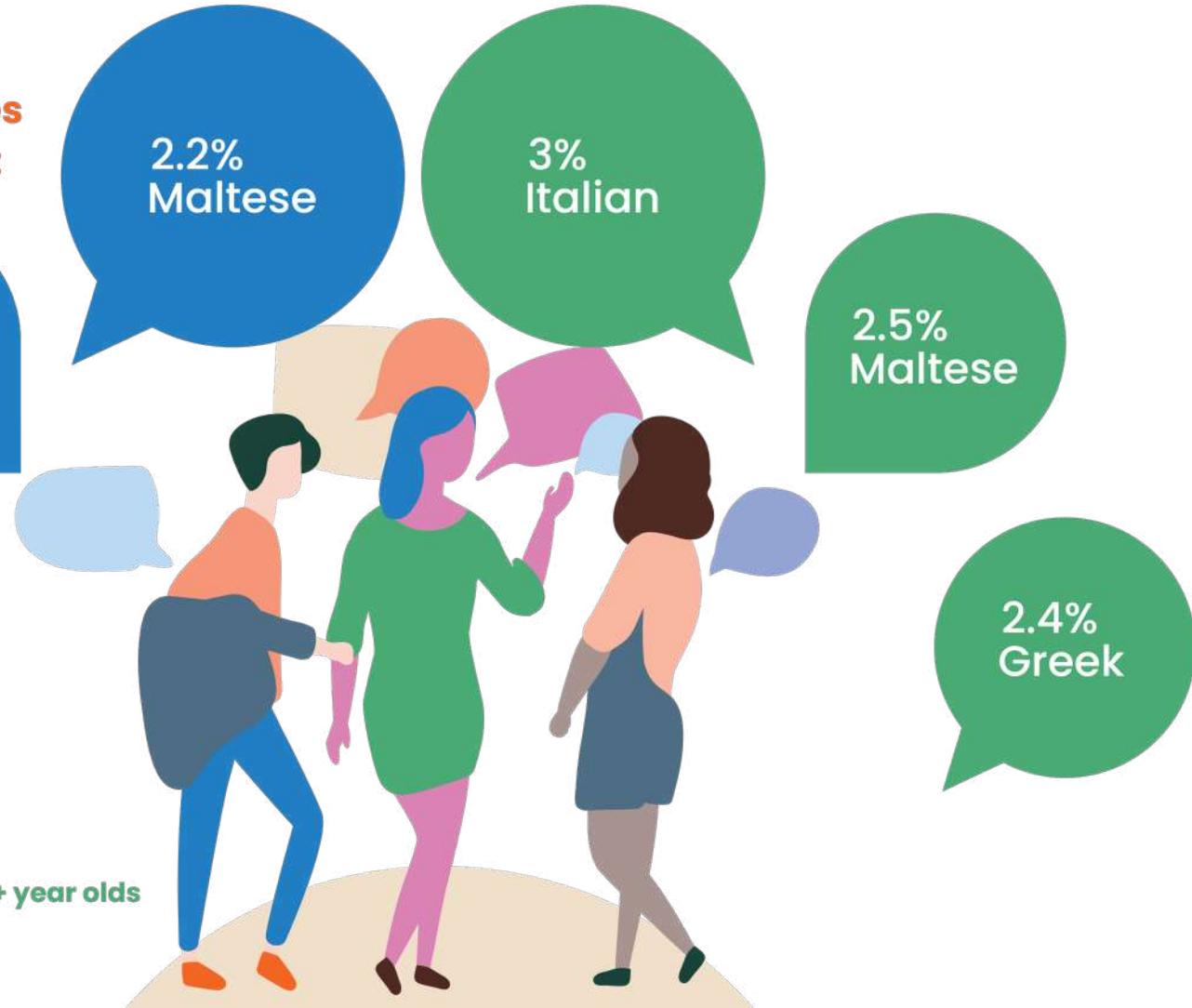
3% Italian

2.5% Maltese

1.6% Italian

2.4% Greek

● 65-84 year olds ● 85+ year olds



Households

58% of residents aged 65 and over live in lone person households.

- 65-84 year olds
- 85+ year olds
- Penrith City LGA

Couples with children
18%
12%
35%

Couples without children
47%
32%
21%

One parent families
10%
16%
14%

Lone Person
21%
37%
21%

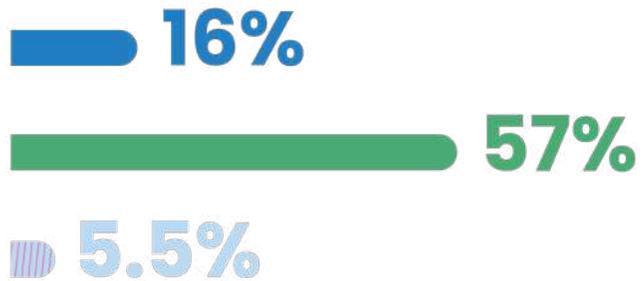


Health

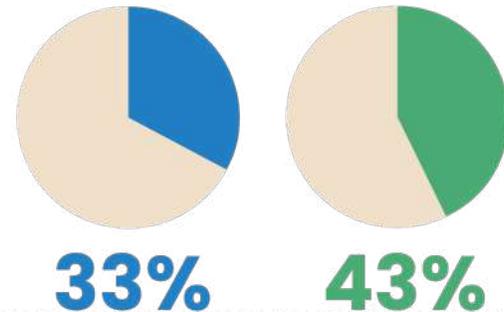
Disability and need for assistance are strongly correlated with age. Therefore, a significantly higher proportion of older residents had a need for assistance due to disability than the overall population.

65.5% of Penrith City LGA's 65–84 year olds had at least one long-term health condition.

Senior residents in need of assistance due to disability



The most common long-term health condition is arthritis, managed by:



● 65–84 year olds ● 85+ year olds ● Penrith City LGA





**How do our older
community
members live?**

Housing

The housing needs of the older residents of Penrith City LGA are diverse. While many live independently in our community, many also need support.



Those living in nursing homes or residential care facilities:



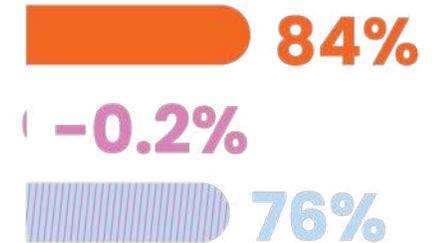
Dwelling type

Most older residents in Penrith City LGA live in separate houses. Since 2016, there has been an increase in high-density housing.

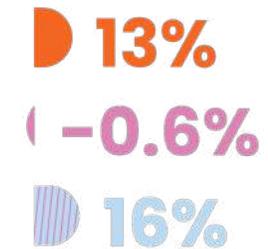
● Older population (2021) ● Changes since 2016 ● Penrith City LGA



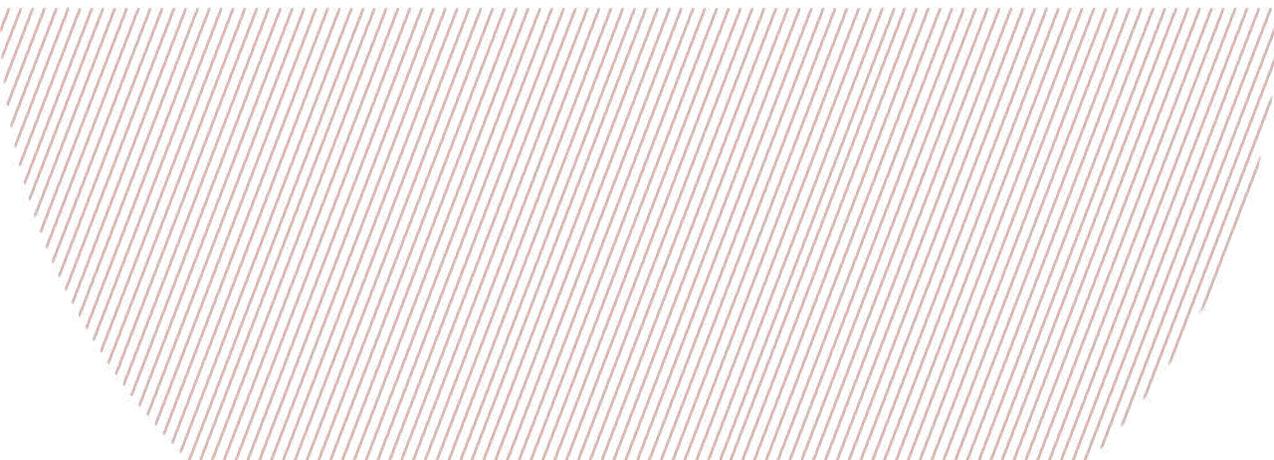
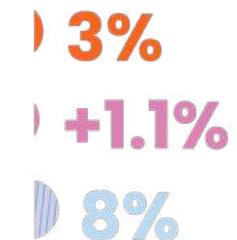
Separate house



Medium density

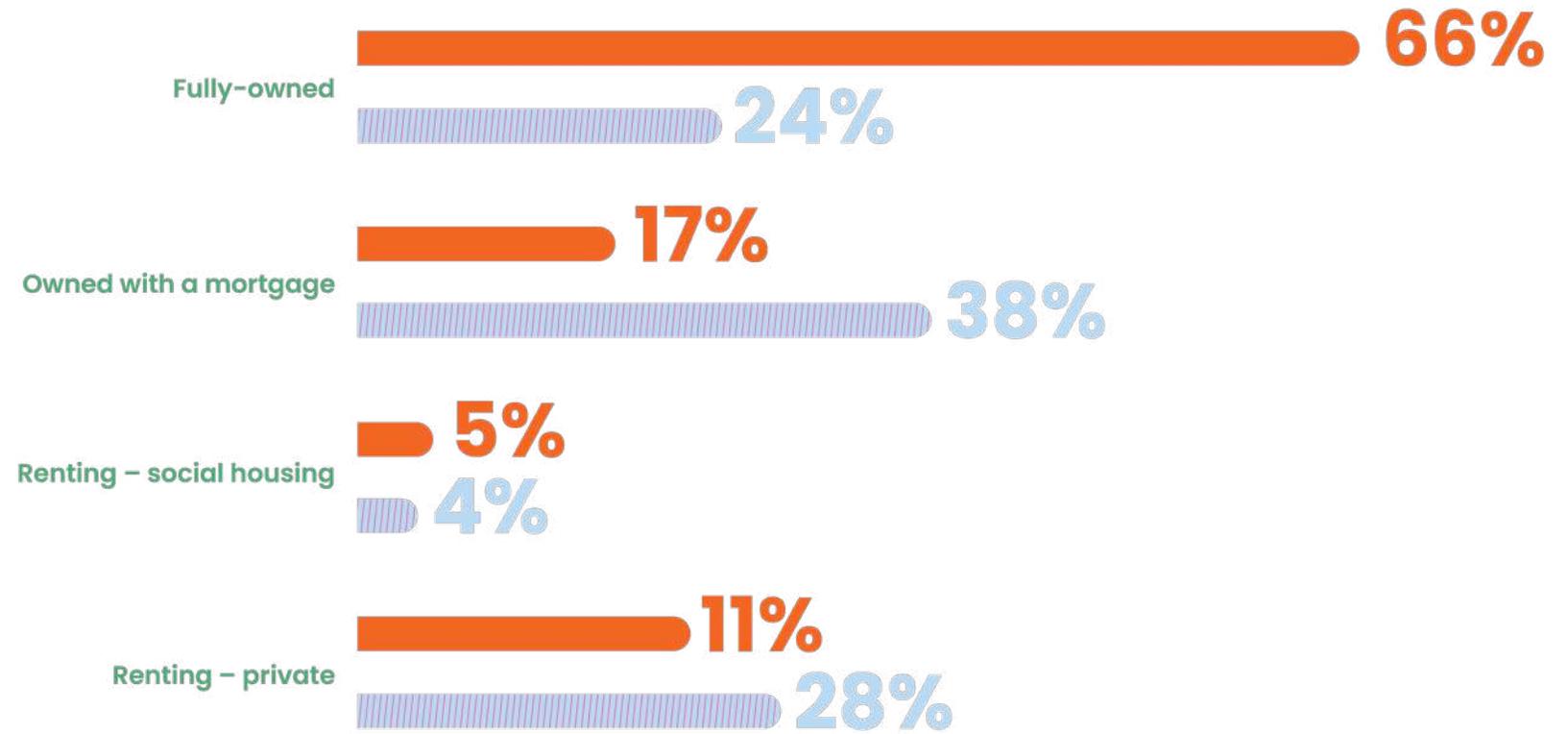


High density



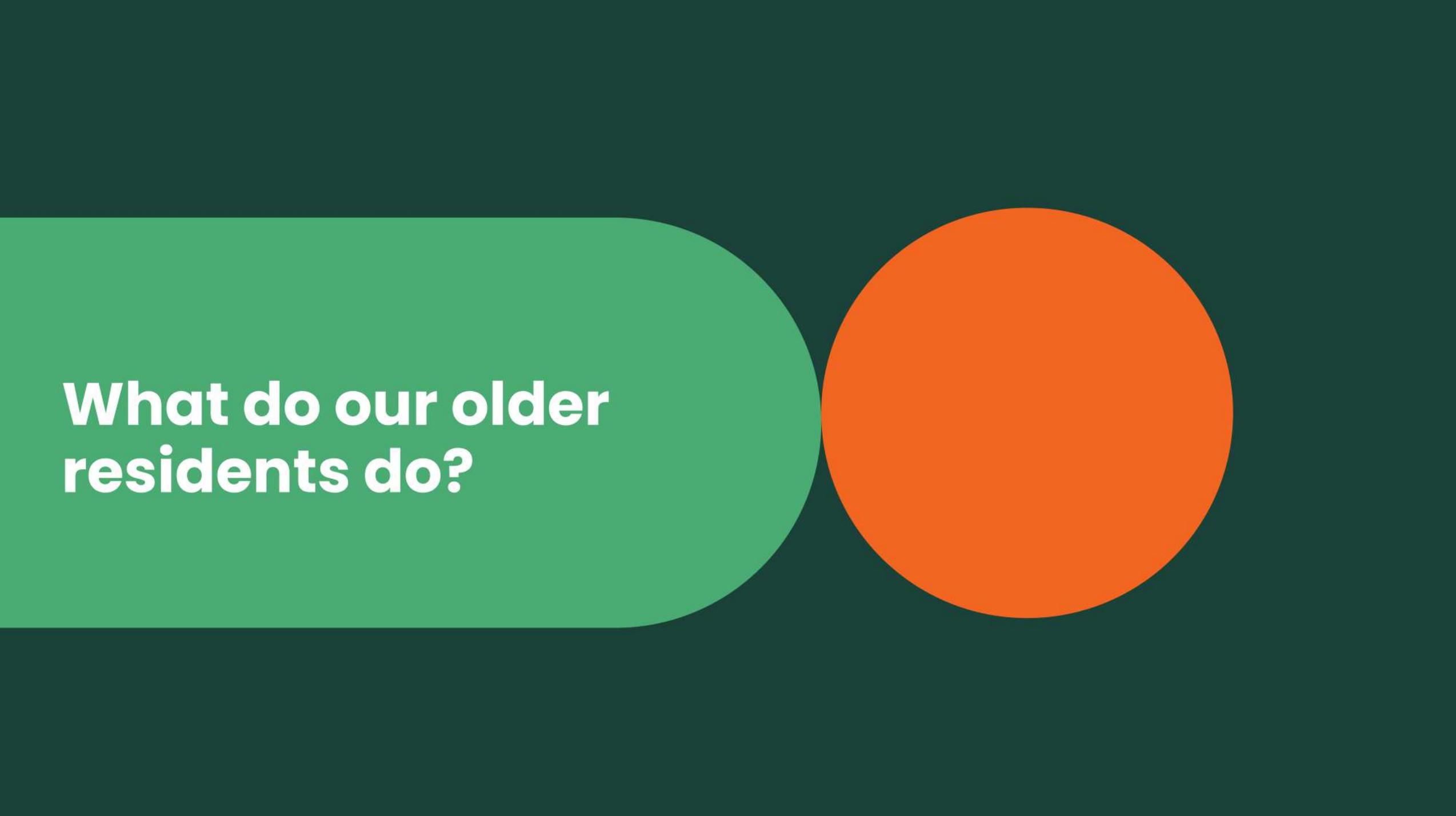
Housing tenure

Most households where older residents lived were owned outright. However, since 2016, this has decreased by 2.2%.



● Older population ● Penrith City LGA



The image features a dark teal background. On the left, there is a light green rounded rectangle. To its right is a solid orange circle. The text 'What do our older residents do?' is written in white, bold, sans-serif font inside the green rectangle.

What do our older residents do?

Employment

● 65-84 year olds ● 85+ year olds

84% no longer in labour force

99% no longer in labour force

Of our 65-84 year olds

7% working full time

6% working part time



Between 2016 and 2021, there was a decline of -1.1% for 65-84 year olds that were employed.



Unpaid work

● 65-84 year olds

● 85+ year olds

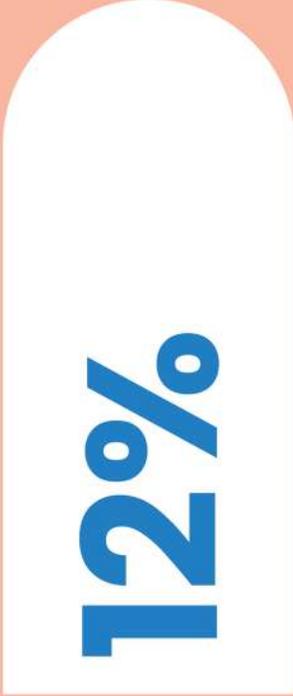
Volunteering



5%



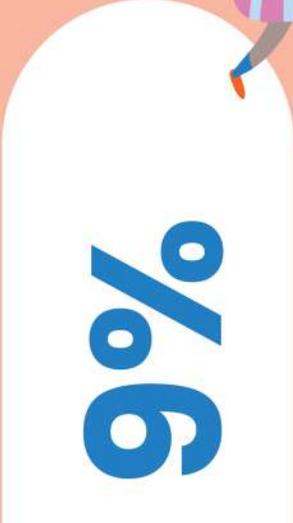
Care for the elderly or disabled



7%



Unpaid childcare



1%



Income

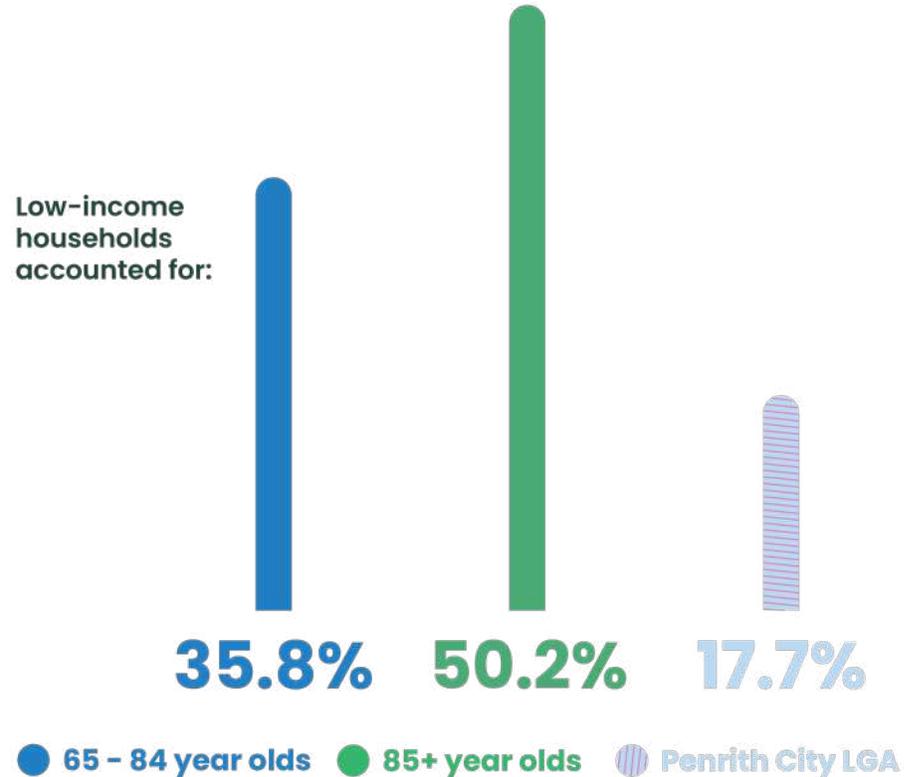
Our older population are earning less than the wider Penrith LGA population, this is relative to their participation in the workforce.



The median household income is **\$1,124**, lower than that of the wider Penrith City LGA, **\$1,866**.



Low-income households accounted for:



Low-income households are defined as those with \$800 of gross weekly income or less.

Summary

13%

of the population
is aged over 65 years.

Over half (58%) of residents
aged 65 and over live in
lone-person households.



Almost three quarters of
older residents have a need
for assistance due to disability.

Over 60% of Penrith City LGA's
65-84 year olds had at least
one long-term health condition.



1 in 5 residents aged
85+ live in nursing
homes or residential
care facilities.



More information

This community profile is part of a suite of resources. See Penrith City Council's [Community Profile](#) for more resources like this.

Note: Much of the content of this report has been sourced from .id – informed decisions. Some of the .id sourced content is a derivative of Australian Bureau of Statistics (ABS) data.

Note: Unless otherwise stated, data from 2021.