

# HI NEIGHBOUR,

This is (name/s) \_\_\_\_\_

I/we live at (address) \_\_\_\_\_

If you are self-isolating due to COVID-19, I can help by:

Picking up shopping

Urgent supplies

Posting mail

Dog walking

A friendly phone call

Other: \_\_\_\_\_

Just call or text me on \_\_\_\_\_ and I'll do my best to help you!  
*(phone)*

**PENRITH**  
CITY COUNCIL

**Thanks for being a good neighbour!**  
[penrith.city/goodneighbour](https://penrith.city/goodneighbour)