

What to expect at NAIDOC

NAIDOC stands for National Aborigines and Islanders Day Observance Committee. Events happen all over Australia during NAIDOC week. Events celebrate Aboriginal heritage, culture, and contemporary life.

Penrith NAIDOC Event

Date: Friday 7th July 2023

Time: 10am - 3pm (10am - 11am Quiet Hour)

Location: Jamison Park Netball Complex, York Rd, Penrith NSW 2750.

Information and Lost Children Area

Start at the RED Information fete stall as you enter the netball courts. Here you will meet friendly Penrith Council staff who can help you:

- find your way around the event site
- locate a particular stall or activities
- let you know when there will be performances on the stage
- answer any questions
- allocate carers a Kids ID Wristband to assist reuniting children with carers if they become lost at the event.

Getting to NAIDOC (transport options)

By Car

There is free parking along internal roads and car parks of Jamison Park. Street parking is available in local streets.

Additional accessible parking spots will be available at Jamison Park. Enter from Batt Street. Should spaces be full, a drop off zone is also available in this car park.

By Public Transport

The nearest train station is Penrith Station.

The 793 bus runs a loop service from Penrith Station to South Penrith. The bus runs every 20min and makes several stops around Jamison Park.

For more information and to plan your trip, please use <u>Trip Planner</u>.





By Community Bus

Need a lift? Active Care Network can give you a ride to NAIDOC 2023. A shuttle service for the event is available to and from Penrith Train Station (Thornton side of the Station in Lord Sheffield Cct.) - bookings essential.

Eligible elders can apply for transport from their home to the Penrith NAIDOC event. For more information and to book a seat, please contact Active Care Network <u>clientservices@activecarenetwork.org.au</u> or <u>02 4722 3083</u> (press 2). Booking must be made by **Thursday 29th June.**

Drop off point: Jamison Park, near the Netball Club House.

Please note: Active Care Network are not able to transport children under 10. All passengers are required to wear a seatbelt.

Amenities at NAIDOC

The event is held on concrete netball courts.

There will be men's, women's, and disabled toilets.

Other amenities include a calm space and a breastfeeding tent.

Support on site

If you require assistance on the day, look for the staff wearing the yellow hi-vis vests with **EVENT CREW** on the back. You can also visit the information tent at any time.

Quiet Time

To support neurodiversity and sensory needs, from 10am to 10:45am the stage and speaker system will not be used, and noise will be reduced where possible to provide a quiet hour. There is a calm area available all day.

Food and Drink

There will be a free café with coffee, hot chocolate, and tea.

There will be a free sausage sizzle with vegetarian, vegan, gluten free and halal options (until allocation exhausted).

Bring your water bottles to refill at our 'Sydney Water' water station.





All Day Program

Caring for Country area

- Aboriginal artifact display
- Make your own artifact out of clay
- Stringy bark kids weaving
- Bush tucker information
- Bush tucker giveaways

Health Tents

Talk with local health professionals at the Health Tent. They'll answer your general health questions, provide flu vaccinations and hand cleaning tips.

Mootang Bus and Oral Health Bus

- **Immunisations**
- **Blood pressure**
- Waist measures
- Diabetes check (HBA1c)
- Foot check by podiatry team
- Hep C dry blood spot testing
- Standard Drink Measure activity and Drug and Alcohol yarns
- Smokalysers and anti-smoke and vaping info
- Wellness check in with mental health teams.

Culture Tent NCNS

Dance, story art and artefact workshops.

Over 50 local Aboriginal businesses and community organisations will have stalls at the event.

- Aboriginal Elders can use the drop in tent with shaded seating
- Create a painting with Dalmarri
- There is a calm area and quiet zone
- Arts and crafts
- Games
- Story time





- Aboriginal artisan stalls
- Meet our local emergency services including the police, SES and RFS.

Main Stage Program

Quiet Hour
Welcome to Country
Aunty Julie Jones Webb
Jannawi Dance Clan, Didgeridoo and Song Person
Mayor's speech
Having a Yarn with Elders
Uncle Robert
Uncle Dennis
Aunty Jenny
Community Line Dancing with Lee
Dharug Elder Uncle Colin Locke speech
Didgeridoo and dance performance with Uncle Peter
Williams and the Khuna dance crew
Smoking Ceremony with Uncle Colin Locke
Closing NAIDOC Event - Uncle Colin Locke

